

# TRAINING SPRINTS

## APPLIED ETHICS

### APPLY THE HIGH FIVE OF PERSONAL EMPOWERMENT

<b>LECTURER</b>	Matthias Strolz
<b>LENGTH</b>	3h
<b>LEARNING GOAL</b>	Learn how to foster your personal empowerment and understand the organisational integration of individual change.
<b>PS FRAMEWORK</b>	Behavior / Individual
<b>CPD ACCREDITED</b>	Yes (3 credits)
<b>LANGUAGE</b>	English (on-demand in German)
<b>BENEFICIAL FOR</b>	All investment professionals
<b>SPRINT STRUCTURE</b>	90min input + 90min deliberate practice, reflection and implementation planning
<b>FORMAT</b>	Online (Zoom or Awarenow)
<b>COSTS</b>	EUR 250 per participant
<b>MINIMUM SIZE</b>	5 participants

SEPTEMBER 15<sup>th</sup>, 2021 / 9 - 12 AM GMT / [REGISTRATION HERE](#)

### DESCRIPTION

The half-life of financial knowledge requires investment professionals to continuously work on advancing their technical and adaptive skills to stay competitive in an ambiguous market environment. Defining concrete empowerment goals offers direction for individual learning paths.

The question remains: how do I configure my learning path to make it resiliently fit into my life?

### PROGRAM

#### PART ONE

##### BEST PRACTICES (90min)

- Acquiring a growth mindset – mastering volatility, uncertainty, complexity and ambiguity
- Five Competences for fostering personal capacity to decide and act under VUCA conditions
- “High Five of Personal Empowerment”: Moving from awareness, to letting go, to connectedness (Mission/Purpose), to prototyping into mastery of the new

#### PART TWO

##### BREAK (10min)

##### DELIBERATE PRACTICE (60min)

Integrating the High Five Model into personal context, to close the knowing-doing gap and to foster change of personal behavioral patterns.

##### LESSONS LEARNED (10min)

##### NEXT STEPS (5min)

##### FEEDBACK FORM (5min)