

TRAINING SPRINTS

APPLIED ETHICS

PERSONAL EMPOWERMENT TECHNIQUES IN FINANCE

LECTURER	Matthias Strolz
LENGTH	3h
LEARNING GOAL	Learn how to foster your personal empowerment and understand the organisational integration of individual change.
PS FRAMEWORK	Behavior / Individual
CPD ACCREDITED	Yes (3 credits)
LANGUAGE	English (on-demand in German)
BENEFICIAL FOR	All investment professionals
SPRINT STRUCTURE	90min input + 90min deliberate practice, reflection and implementation planning
FORMAT	Online (Zoom or Awarenow)
COSTS	EUR 250 per participant
MINIMUM SIZE	5 participants

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DESCRIPTION

The half-life of financial knowledge requires investment professionals to continuously work on advancing their technical and adaptive skills to stay competitive in an ambiguous market environment. Defining concrete empowerment goals offers direction for individual learning paths.

The question remains: how do I configure my learning path to make it resiliently fit into my life?

PROGRAM

PART ONE

BEST PRACTICES (90min)

- Acquiring a growth mindset – mastering volatility, uncertainty, complexity and ambiguity
- Five Competences for fostering personal capacity to decide and act under VUCA conditions
- “High Five of Personal Empowerment”: Moving from awareness, to letting go, to connectedness (Mission/Purpose), to prototyping into mastery of the new

PART TWO

BREAK (10min)

DELIBERATE PRACTICE (60min)

Integrating the High Five Model into personal context, to close the knowing-doing gap and to foster change of personal behavioral patterns.

LESSONS LEARNED (10min)

NEXT STEPS (5min)

FEEDBACK FORM (5min)